# Co-Active Coaching Corporate Teleclass Series: *Learning Guide*

# Session 2: Fulfillment in the Corporate Setting

|  |  |  |
| --- | --- | --- |
|  |  |  |
| *Objectives* |  | Objectives of this session are to:   * Deepen understanding of the principle of fulfillment in a corporate setting. * Adapt visualization-type exercises (such as Captain and Crew) for a corporate setting. * Apply fulfillment concepts such as values, vision, and purpose in a corporate setting. * Tackle Saboteurs around principle of Fulfillment. |
|  |  |  |
| Pre-Assignment |  | The following are suggested prior to attending the class:   1. Think about the Fulfillment concepts of Purpose, Vision, Values, Saboteurs, Captain and Crew. How are these relevant to corporate work? 2. What saboteurs would impede you from going 100% with Fulfillment with a corporate client? |

|  |  |  |
| --- | --- | --- |
| *Teleclass Tips* |  | To create the best learning space possible for our time together, please follow these guidelines   * Learning comes from participation and interaction of the group. Consider the teleclass as a learning experience that requires your focus and participation, rather than as something to be observed or listened to. * Jump into the learning laboratory with a willingness to experiment and fail --- you will learn more, and so will everyone else. * To ensure that the “tele-space” works well for everyone:   + Be present and refrain from multi-tasking (i.e. refrain from checking email or doing other activities).   + If there is background noise around you (e.g. barking dogs, running dishwashers, etc), please put your phone or device on “mute” while you are not speaking (and remember to unmute when you speak!)   + When you speak, start with you name so everyone knows who is speaking.   + Join the call from a space and with a connection that will be clear. If you call in from a cell phone from the highway, for example, it is likely that you connection might create static or interruption for others). |
|  |  |  |

|  |  |  |
| --- | --- | --- |
| *High Dream* |  | How is each of these concepts from the principle of Fulfillment relevant in a corporate context?  ***Life Purpose***  ***Captain and Crew***  ***Values***  ***Vision***  ***Saboteur*** |

|  |  |  |
| --- | --- | --- |
| *Purpose (Life Purpose, Leader Purpose)* |  | Use this space to jot down notes from the visualization exercise in class. |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  | What statement of purpose comes from these insights? |

# Captain and Crew… and their Saboteurs

|  |  |  |
| --- | --- | --- |
|  |  |  |
| *Captain and Crew* |  | Which crew members do you think are MOST relevant for corporate clients?   * Appreciator * Listener * The Intuitive One * The Curious One * The Self-Manager * The One Who Forwards the Action and Deepens the Learning   Others:  How can a structure like this be used with teams or groups? |
|  |  |  |

|  |  |  |
| --- | --- | --- |
| *Saboteurs* |  | How do saboteur voices show up with corporate clients and in corporate settings?  For individual Leaders? For Teams? For the whole organization?  Notes on working with your own saboteurs as coach: |
|  |  |  |